

Secular Stuff—Tweak At Will!

Surely you know that there are endless resources out there for designing super-charged lessons in self-awareness, character development, teamwork, communication and group building. For years I've been adapting ideas from these resources to work for my content, because they are often light-years ahead of traditional religion text resources in terms of high energy impact, multiple access points, and reaching every learner.

Here are many of my favorites. [Blue indicates most used.](#)

- *104 Activities That Build: Self-Esteem, Teamwork, Communication, Anger Management, Self-Discovery, and Coping Skills* Alanna Jones
- *Character Education Book of Plays (Middle Grade Level)* Judy Tuesdell Mecca
- [Chicken Soup for the Soul in the Classroom \(Middle School Edition\)](#) Jack Canfield, Mark Victor Hansen, and Ann Unkovich
- *From Sticky Notes to Dragon Boats: 20 Slightly Off-Kilter Activities for Middle School* Jan Burgess
- *I Did It Without Thinking: True Stories about Impulsive Decisions That Changed Lives* Bob Hugel
- [Improv Ideas: A Book of Games and Lists](#) Justine Jones and Mary Ann Kelley
- *More Team-Building Activities for Every Group* Alanna Jones
- [Quotes to Spark Discussion](#) Susan Savion
- *Quotes to Stretch Your Brain* Susan Savion
- [Team Challenge: 170 Group Activities to Build Cooperation, Communication, and Creativity](#) Kris Bordessa
- [The Creative Journal For Teens: Making Friend With Yourself](#) Lucia Capaccione
- [The Nuts and Bolts of Active Learning: Purposeful, Successful Strategies for Every Classroom \(Middle Grades\)](#) Incentive Publications

- *The wRECKing Yard of Games and Activities* Alanna Jones
- *Treasure Chest II: Problem Solving Activities, Brain Stretchers, and Active Games* Karynne L. M. Kleine
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- *What Do You Stand For? For Teens: A Guide to Building Character* Barbara A. Lewis