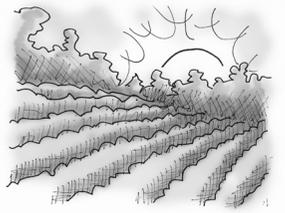


On the PATH

- **Option #1:** Jesus holds the reins of your yoke. He is your kind and caring master, helping to steer you clear of ruts and rocks, focusing your energies, and helping you to be as effective as possible on the Inside. With him as your guide you can unleash your potential.
- **Option #2:** Jesus is that other ox in the yoke with you. He's right next to you. He's plowed these fields before and knows where the ruts and rocks are. You can follow his lead with confidence. Yoked with him you will unleash your potential on the Inside because he will show you the way.

Whichever way you choose to unpack this little story, you realize that Jesus is committing himself to help you every step of the PATH. **He will help you do the Inside Job of taking control of your thinking and perspective, helping you find his power and your happiness on the Inside.** He's there with you. You just need to open your eyes and ears and get out in the field with him.



Blaming and Excuse Making

Living the Law of 90/10 while on the PATH is not only exciting and liberating, it is also difficult. It takes constant effort to avoid the roads that lead us to be LOST Out There. Two habits in particular need to be broken if we intend to make the transition to 90/10 with the least amount of detours:

1. The Blame Thrower. Placing blame is an attempt to protect ourselves, but it only appears to reduce the impact of our negative experiences. In reality, blaming allows what is Out There to sink its hooks into us ever more deeply.



Rather than moving *beyond* difficulty by exercising our internal strength, we get stuck in it by turning ourselves into victims. Sadly, a great number of adults have never learned to holster this weapon, preferring to spew anger and resentment over taking personal responsibility for their happiness.

2. The Excuse Shield. When we forget about 90/10, we can use excuses like shields to deflect responsibility from ourselves. Like the Blame