## MAINTENANCE SESSIONS: Avoiding Internal Hazards While on the PATH

MAINTENANCE SESSIONS engage teens in identifying and monitoring internal obstacles to the PATH, including thinking habits, objective evil, and temptations.

## SESSION #5 Plank Alert: Keeping to the PATH during tough times

Participants will:

- Identifying their own Negative Thinking Habits (NTHs), Thought Circles, and recurring temptations.
- Learn methods for reducing NTHs and temptations by increasing their Virtue Quotient.
- Develop strategies for combating deeply rooted NTHs and temptations.

#### SESSION #6 The Fall and the Evil Emperor

Participants will:

- Identify four primary movements in Salvation History (original holiness, the fall, the wandering, the New Adam).
- $\bullet$  Realize that evil is real and determined to Edge God Out (EGO) of their lives.
- Begin to recognize those vulnerable places within themselves where evil seeks to enter.

## Bring an On the PATH Workshop to Your Teens

# Custom-designed a workshop to meet your school or organization's needs.

Sessions run 75-90 minutes each.

Choose one, or stack several for a half or full day event.

Basic PATH cornerstones are woven into every session.

For more information, see <u>General Session Information</u>.

For pricing and to reserve your date, <u>Contact Peg</u>.